**Syllabus and Classroom Management Plan**

**Mrs. Belch 7th Grade Health & P.E.**

Course Outline and Objectives:

Healthful Living  is extremely valuable for the development of students your age.  You will have test, quizzes, classwork, and homework for both Health and P.E. You are not graded solely on participation and are expected to learn both the health portion of the course as well as the physical education portion.

Grading Scale:

40% PE Assessment & Participation

30% Health Test

20% Classwork/Homework

10% Health Participation

\*\*\*Students will loose 1 participation point for not following classroom rules or procedures.  This translates to a possible 10 point loss on report card.

Supplies needed for class are:

* Laced or Velcro strapped Athletic Shoes
* 3-ring binder
* Dividers
* Highlighters
* Loose-leaf paper
* Pen or Pencils

Classroom Rules and Expectations:

\*\*\*BE RESPONSIBLE

\*\*\*BE RESPECTFUL

\*\*\*BE READY

Before Class…

-Find your seat/station

-Follow directions

During Class…

 -Stay in your assigned area

-(PE)No horse play, misuse of pe equipment, stay in assigned area outside

-(PE) SAFETY, SAFETY, SAFETY!

End of Class…

 -Clean up stations/equipment

\*\*\*Violation of rules will result in the loss of participation points.

Consequences:

1. Verbal warning/Loss of participation

2. Teacher & student conference/relocation of student

3. Self Reflection/Parent contact

4. Referral

 \*Serious disruptions, fighting, disrespect to teacher or bullying results in an automatic office referral.

Tardy Policy:

If you are not in the room and on task before the tardy bell rings you are late.  This include loitering IN THE ROOM or sitting in your desk unprepared. Come in and get on task quickly!

Textbook:

*Glencoe Teen Health:  Course 2 (Provided)*

Students will be allowed to check out textbooks.  Students are responsible for damages to text books while in their possession.

Homework:

Homework will not be assigned every class period.  However, when homework is assigned I expect it to be completed and turned in on time.  Homework should always be completed individually unless otherwise told to do different.  Homework that is turned in late unless due to an excused absence will receive no higher than a 50.

Warm-up:

There will be a warm-up for both health and p.e. You should begin working on the warm up as soon as you arrive to class.  If you are not on task when the bell rings you are late and can result in punishment.

You may use a section in your three ring binder for Health Warm-ups.  Students will complete a health warm-up almost daily so it is important to have one.  Health warm-ups will be graded at different times throughout the semester and students are responsible for bringing one to class daily.  Warms-ups will count as a TEST grade. Warm-ups will not be accepted late unless there is an excused absence.

Notebooks:

A three ring binder and dividers are required for this course.  Students will have scheduled notebook checks to make sure they have the appropriate materials to be successful while in health class.  Students will receive a test grade for notebook checks. Notebooks will not be accepted late unless there is an excused absence.

You will need dividers for each of the following:

-Course Information

-Notes

-Warm-Ups

-Homework/Classwork

-Study Guides

-Quizzes/Test

Makeup Work, Missed Assignments and Late Work:

Make up work will be placed in the ABSENCE WORK folder daily.  Students should still seek teacher to make sure that have everything they had previously missed.  STUDENTS ARE RESPONSIBLE FOR COLLECTING WORK WHEN ABSENT.

Missed days in PE will be made up either at school or at home.  Students will be required to make up missed physical activity time.  Students will have to fill out PE make up formed and have it signed by a teacher, coach, or parent.  The PE make up form can be found in the absent work basket or can be found on the class website.

All work must be turned in a timely manner.  If an assignment is late, the maximum credit given is a 50.  Students will be given a week after the assignment is due to receive partial/late credit.

PE Dressing Out Policy

Due to School Construction, we do NOT have a locker room for students to dress out for gym class.  Students will NOT be held accountable for dressing out this year. However, student must have proper tennis shoes to participate in any Physical Education activities.  Failure to wear proper shoes will result in a “0” for the student’s daily PE grade.

We will have Physical Education outside as weather permits.  A schedule will be provided to students when 7th grade has gym.  Physical Education classes days will be made up at a later date as they are missed due to inclement weather.

The only REQUIRED item of clothing for Physical Education this year is proper tennis shoes.

-Shoes:  Students must wear tennis shoes. *Flip flops, boots, Sperrys, Toms, slides, etc. will not be allowed.*

-Sweatshirts/Sweatpants:  Students may way sweatshirts when outside.

PE Participation & Grading

Participation is required in physical education class.  Students grades will reflect when they do not participate.

*Daily PE Grade Make Up:* (A Detailed Rubric is Attached of PACED)

P- participation         25 pts.

A- attitude         25 pts.

C- conduct &

E- effort 25 pts.

D- dress(Shoes only)       25 pts.

--------------

                                  = 100 points for daily PE Grade

\*\*\*\*Failure to bring proper gym shoes will result in a 0 for the PE Daily Grade\*\*\*\*\*

\*\*\*Students may not miss PE without a doctor’s note stating they may not participate in ANY physical activity.  Modifications can and will be made to all physical activity to accommodate each student. When a student has been diagnosed by a doctor and cannot participate in PE they will be required to make up time outside of class when they are able to do so.   There is no timetable for students to make up missed PE days. However, students should make up days in a timely manner. Students must turn in PE Make up forms prior to the end of the nine weeks to receive credit on their report cards.

\*\*\*Any missed PE day, including any absence, excused or unexcused, must be made up.  A PE make up form must be completed and turned in to receive credit. Once the PE Make Up Form is turned in, the student’s grade will be changed.

Make up work , PE Make up Forms, Class Videos, as well as other important class information can be found on our class website at [http://cmshealthandpe7.weebly.com](http://cmshealthandpe8.weebly.com).

Questions or concerns? Please contact me at 357-0470 during my planning period 2:00-3:00 or e-mail me at belchll@gatescountyschools.net